

# PLINTH TO PODIUM

## PRESENTATIONS AUT Akoranga: AF114

**8:00 AM** Registration

**8:30 AM** Welcome

**8:35 AM** Keynote 1: Dr. Enda King:  
"The Role of 3D biomechanics in rehabilitation and RTP decision making after ACLR" (Video link)

**9:15 AM** Questions

**9:25 AM** Keynote 2: Prof Chad Cook:  
"Can experienced physiotherapists identify which patients are likely to succeed with physical therapy treatment?" (Video link)

**10:05 AM** Questions

**10:15 AM** Morning Tea & Trade Stalls

**10:45 AM** Keynote 3: Dr. Melanie Hayman:  
"Evidence-Based Physical Activity Guidelines for Pregnant Women" (Video link)

**11:35 AM** Peter Gallagher:  
"Return to play decision making" (Video link)

**12:10 PM** Questions

**12:20 PM** Lunch & Trade Stalls

**1:00 PM** Dr. Marion Kennedy:  
"Clinical anatomy of the shoulder bursae and factors that influence the subacromial and subcoracoid spaces"

**1:40 PM** Questions

**1:50 PM** Dr. Chris Hanna:  
"Hip and groin pain in young athletes "

**2:30 PM** Questions

**2:40 PM** Afternoon Tea & Trade Stalls

**3:10 PM** Angus Ross:  
The spinal engine and sprint mechanics

**3:50 PM** Questions

**4:00 PM** Steve August:  
"Musculoskeletal Chest Pain - A simple problem commonly misunderstood"

**4:40 PM** Questions

**4:50 PM** Conclusion

**5:00 PM** Sponsored Networking & Social Hour

**7:30 PM** Dinner - (Regatta Bar and Eatery Takapuna)

## WORKSHOPS AUT Akoranga: AF119

**\*\*Workshop attendees will be provided with a link to videos of presentations that they miss by attending the workshop\*\***

**9:25 AM** Workshop 1: Jacinta Horan:  
"Foot and ankle rehab workshop - Tips, tricks and things not to miss in foot and ankle rehab"

**10:15 AM** Morning Tea & Trade Stalls

**11:35 AM** Workshop 2: Hannah Orr:  
"Mind the gap: Exercise and the pelvic floor"

**12:20 PM** Lunch & Trade Stalls

**1:50 PM** Workshop 3: Dr. Mark Laslett:  
"The young athletic back pain patient"

**2:40 PM** Afternoon Tea & Trade Stalls

**4:00 PM** Workshop 4: Angus Ross:  
"Enhancing the spinal engine with exercise"



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