

SIDELINE MANAGEMENT

(SPNZ LEVEL 1 COURSE)

This course is for registered physiotherapists who work with individual athletes, or on the sideline at sports games or events who want to upskill in the areas of pre-game preparation, first aid, acute injury assessment and management, and post-event recovery strategies.

By the end of the course you will have all the tools you need to manage pre-event preparation, post-event recovery and to confidently assess, manage and refer common sporting injuries and wounds.

Location:	Date:	Course Fee:	
Physiotherapy Department Burwood Hospital Click for Google map 255 Mairehau Road Christchurch	Saturday 2 nd December 2017 <i>9am – 5pm</i>	SPNZ Member	\$405.00
	Sunday 3 rd December 2017 <i>8am – 4.30pm</i>	PNZ Member	\$486.00
		Non-PNZ Member	\$607.50

The course will cover:

- Ethics and Professional Issues in Sports Physiotherapy
- Pre-event preparation and warm-up
- Strapping
- Sports First Aid
- On-field injury assessment
- Concussion assessment and management
- Splinting of hand and finger injuries
- Indications for medical and radiology referral
- Return-to-play decision making
- Post-event recovery
- Anti-doping regulations and banned substances



Presenters:

Dr Deb Robinson (Sports Medicine Physician – former All Blacks doctor & current Crusaders doctor)

Angela Cadogan (Physiotherapy Specialist – Musculoskeletal)

John Wilson (Strength & Conditioning)

Emma Mark (Physiotherapist Marist St Pats and Habit physiotherapy, previously Nigerian national rugby federation and Championship level UK)

Craig Hawkyard (Hand Therapist)

Drug Free Sport NZ

To Register:

Registration will be limited to the first 27 paid registrants

Online registration via Physiotherapy New Zealand.